



From my early days in drama classes, I discovered more than just self-confidence contributing to my public speaking skills in front of an audience; I learned to cultivate the power of my imagination. Exploring the potential of objects, places, movements, and situations to transform them into something creatively different became a skill I cherish. Creativity, for me, is a vital ingredient in life. Today, I know one of my strengths is the ability to generate numerous creative ideas in a short span. Witnessing ideas take shape brings immense satisfaction, energy, and dynamism, fuelling my desire to create even more.

In my early twenties, I put my creativity at the service of others, gaining valuable insights and skills. Working collaboratively with different people was my best school, creating a patchwork of techniques, experiences, and styles. In my mid-twenties, I gathered the courage to lead projects from start to finish, drawing on the wealth of knowledge acquired, yet my eagerness to venture into new domains persists.

I believe integrating my diverse background into a new workspace and collaborating with experienced individuals is valuable for personal growth and enriching for everyone involved. In my view, work life is a reciprocal process—giving and taking, inspiring and being inspired. It's about personal growth internally and contributing to societal progress externally. My daily satisfaction stems from productivity, positive interactions, and being a useful member of my society and community. Versatility defines me; I am continually driven to explore new territories in the realms of arts and society, contributing positively to the world around me beyond personal development.

VISUAL ART

2012-2024 | Ashtar Muallem

Painting with acrylic



Visual art,
Collaborating on my
ideas with
professional
photographers

Sketching
performance
experience



Creating
decorative and
functional objects



Painting with
watercolours

PERFORMING ARTIST

2012-2024 | Ashtar Muallem

Musicals



Big ensembles



Performing in festivals

Solo Performances



Installation performances



Audiovisual productions

AWALEM

2023-2024 | Ashtar Muallem

Duration 50 minutes

A show created by

Ashtar Muallem

Director of the Arabic version Emile Saba

Script Development in Arabic based on Cosmos

Ashtar Muallem and Emile Saba

Music creation Gregory Adoir

Stage manager and light

Edward Muallem

A production of

Ashtar Muallem with the participation of ASHTAR Theatre

Marketing and coordinating

Edward Muallem

Supported by

The British Council, Palestine, hosting project 'British Council Jerusalem Creative Space'

The French General Consulate - Jerusalem

Goethe Institut - Ramallah



Synopsis

Ashtar is a Jerusalemite artist, who humorously explores her life and spirituality. Navigating between Palestine and France, seeking equilibrium and comfort in both lands. Inspired by Jerusalem and cherished memories of her grandmother, she seeks a connection with the Divine.

Ashtar practices yoga, and meditation, and explores tarot reading and hypnosis on the internet. Her elastic body mirrors her dual life, between two countries, cultures and languages, between solitude and togetherness. In a satirical manner, she presents her beliefs, inviting us to participate in a ceremony where poetry blends with humor and subjectivity merges with the universal. Through Ashtar's art, we embark on a journey of balance, contradictions, and the beauty of interconnectedness.

COSMOS

2021-2024 | Company La Main de l'Homme

Duration 50 minutes

Co-writing and performance

Ashtar Muallem

Co-writing and direction

Clément Dazin

Artistic Team

Light design Tony Guérin

Sound creation Grégory Adoir

Administration, production and distribution

La Magnanerie - Victor Leclère, Anne Herrmann

Coproduction

KLAP Maison pour la danse,
Marseille

With the support of

La Biennale Internationale des
Arts du Cirque, Marseille
MAC - Relais Culturel de
Bischwiller



Synopsis

We live in a period where beliefs are multiple, sometimes absent other times very present, and restrictive. "Cosmos" shares the experience of Ashtar Muallem who questions her and our beliefs. The show starts with the intimacy of Ashtar, from her relationship with religion and her esoteric beliefs to slide into a mystical ceremony. Ashtar practices Yoga, meditation, hypnosis, and psychotherapy through e-learning. Her inspirations come from her spiritual grandmother and from her addiction to Tarot reading on YouTube.

CE N'EST QU'UNE HISTOIRE DE BALANCES

2022 | Volcano Song



Synopsis

Qu'est-ce qui nous fait vaciller ? Qu'est-ce qui nous bouscule ? Qu'est-ce qui chancelle avec le temps ? En partant de nos "agrès" principaux, la musique pour Blade MC AliMbaye, le corps pour Ashtar Muallem, la voix pour Ludmilla Dabo, ce trio formé exceptionnellement pour Vive le sujet ! explore ces questionnements.

Duration 20 minutes

A show created by

Ludmilla Dabo

Blade MC AliMbaye

Ashtar Muallem

Texte and direction

Ludmilla Dabo

Musique

Blade MC AliMbaye

Circus

Ashtar Muallem

Production

Compagnie Volcano Song /
Le bureau des filles

Coproduction

SACD-Festival d'Avignon

"Ashtar balance entre Blade et Ludmilla allongés, les pieds à l'équerre. Elle se balance, soutenue par les autres. Elle se repose sur les autres. C'est super doux et joli... Chacun dans leurs outils de travail, le corps, la voix et la musique, nous questionnent avec légèreté et amitié sur ce qui parfois nous fait perdre pied. Une performance feel-good qui permet comme souvent avec Vive le Sujet ! de découvrir des artistes. Il est évident que maintenant nous scrutons les élévations de Ashtar

ENHEDUANNA

2017-2019 | Ashtar Muallem & ASHTAR Theatre

Duration 45 minutes

A show created by

Ashtar Muallem

Director

Iman Aoun

Music creator

Rami Washaha

Poster design

Raneem Turjman

Costume design

Macha-Maria Chernova

A production of

ASHTAR Theatre - Palestine

In partnership with

The Palestinian National Theatre,
El Hakawati – Palestine

Supported by

L'espace Périphérique - Ville de
Paris

Al Mawred Al Thaqa fy

Sida - Sweden through PPAN

Archaos Pôle National des Arts du
Cirque - Marseille

Le Petit Théâtre Jean Macé- Laval

Nickel Chrome - Martigues



Synopsis

Enheduanna is a performing arts piece portraying the journey of a woman in different situations of her modern life. Enheduanna, known to be the first poetess in history became a symbol to the performing artist Ashtar Muallem who embodies her poetry, using aerial silk and dance; taking the audience on a journey of a woman in her search for her inner temple in a collapsing world.

"It's our turn now to occupy the stages, and to speak out loud. To step up as young women. To own our bodies, to own our voices."

INOPS

2019- 2021 | Company La Main de l'Homme

Duration 70 minutes

Ensemble

Antoine Guillaume,
Clément Dazin
Ashtar Muallem
Coline Mazurek
Marius Ollagnier
Valentin Verdure

Conception

Clément Dazin

Light and stage design Tony
Guérin

Stage manager Marius
Ollagnier

Sound design Grégory Adoir

Playwright Guillaume
Clayssen

Costume design Fanny Vera

**Administration, production,
distribution** La Magnanerie –
Victor Leclère, Anne Herrmann,
Martin Galamez, Lauréna De la
Torre et Sarah Bigot



Synopsis

From the latin “helpless” : Lack of strength, Lack of physical or moral strength to act ; lack of power ; To admit, to confess your helplessness ; To be helpless.

I want to work on limits, conflicts, obstacles, fragilities, weaknesses, on what prevents us to fulfill an objective. I would like to portray on stage the artists’ weaknesses and play with their fear, their demons. I want to use the drama principal stating that emotion is more intense and that we can easily put ourselves in a character’s place when he’s dealing with conflict.

THE OCCUPIED SUMMMER

2018 | Ma.Ja.De Filmproduktion



Synopsis

Two German best friends embark on a vacation to Liguria, Italy, where one of them has inherited an old house from his late grandfather. Upon arrival, they are surprised to find the house already occupied by a young lady. Opting to conceal the truth of the house's ownership, they befriend her as tourists, eager to learn her story. As the truth is revealed, the bonds they've formed are challenged, leading to a poignant exploration of their connections and loyalties.

Runtime 25 minutes

Directed by

Berit Toepfer

Writing

Felix Schackert

Berit Toepfer

Cast

Harry Lampl – Arne

Ashtar Muallem – Zahra

Ilja Roßbänder – Elias

Produced by

Heino Deckert

Producer

Zsofi Lili Kovacs

Music by

Elise Schobeß

Cinematography by

Benjamin Rader

Editing by

Michal Kuleba

Production company

Ma.Ja.De Filmproduktion

Production Design by

Eva Lochner

Costume Design by

Silvia Kreil

Sound Department

Markus Krohn

re-recording mixer

Frieder Wohlfarth

Editorial Department

Matthias Albrecht

EPIFONIMA

2017- 2018 | Cirkus Cirkör

Duration 2 hours including
intermission

Ensemble

Lisa Angberg, Sarah Lett, Ashtar
Muallem, Lucie N'Duhirahe, Eirini
Apostolatou, Kajsa Bohlin, Karolina
Wojtowicz

Director Tilde Björfors

Sound technician Joakim
Björklund

Lighting designer Susanna Hedin

Lighting technician Vilhelm Montán
Lindberg,

**Touring producer and assistante
director** Irene Ramilli

Backstage technician Liv Karlsson

Technical director Ruzhin Babaei

Costume designer Jonna Bergelin

Set design & props Fanny Senocq

Make-up designer Linda Sandber

Sound designer Marta Forsberg &
Kajsa Lindgren

Music composer and Lyrics
Rebekka Karijord

Vocal coach Nandi Vileika

Choreographer Methinee
Wongtrakoon



Synopsis

Epifónima, which means "exclamation" in Greek, is a performance inspired by women's voices, aspirations and ways of creating and organizing. A piece of stage art that, by being inspired by historical women's fighters and prominent feminists, wants to lift and celebrate the courage and values that have been required to create change. In humble admiration for the long chain of women who paved the way for us to be where we are today, with the opportunity to look ahead.

In Epifónima, the ensemble works cross-border and co-creating together with the creative team. The performance is a work of art created by everyone involved. The ensemble consisted of seven female circus artists originating from Greece, Canada, Palestine, Poland, Sweden and Switzerland.

VINNAREN TAR ALLT

2018 | Malmö Stadsteater in co-production with the Citizens' Band

Duration 2 hours including
intermission

Script and frame story

Gertrud Larsson

Åsa Asptjärn

Lyrics and music

Athena Farrokhzad

Alexander Wiebelt

Ashtar Muallem

Anna Kölén

Carolin Dahlman

Conakry

Maja Karlsson

Nina Persson

Oscar Johansson

Panda da Panda

Emil Jensen

Jenny Wilson

Felicia Mulinari

Thomas Öberg

Jenny Wilson

Kristin Amparo

Kanyi Mavi

Joy M'Batha

Oscar Johansson

Mattias Joko



Synopsis

The Citizens' Band is inspired by The Citizens Band from New York City, which became known during the 2008 presidential campaign, calling on people to vote and vote.

What does it mean to be a citizen? Do you have to be a citizen? Are there only rights or obligations?

In this smoking current political cabaret, the Citizens' Band delivers dramatic texts with humour, extravagance and commitment. Some twenty contributors contribute to the multitude on the stage with a live band, artists and acrobats, known and unknown with the desire to lift the collective. It's good old entertainment!

MOVEMENTS

2017 | Malmö Stadsteater in co-production with Cirkus Cirkör



Duration 90 minutes

Ensemble

Tom Ahlsell, Helen Al-Janabi, Nedal Alsuof
David Eriksson, Irya Gmeyner
Javid Heidari, Oldoz Javidi
Nasreen Larsson Al-Janabi,
Karin Lithman, Ibraheem
Manaem, Ashtar Muallem
Johannes Wanselow, Fadi
Zmorrod

Director: Tilde Björfors

Conception: Tilde Björfors,
Creative team and the
ensemble

Text Alexandra Loonin

Composer Irya Gmeyner

Co-composer Povel Olsson

Set design Fridjon Rafnsson
and Fanny Senocq

Costume design Fridjon
Rafnsson

Lighting design Sven-Erik
Andersson

Make-up design Agneta von
Gegerfelt

**Technical coordination and
constructions:** Joel
Jedström

**Technica coordinator and
fire expert:** Jesper Nikolajeff

Dramatic advisor: Anna
Kölén

Synopsis

Movements' ensemble has worked across boundaries as co-creators of the production. Circus routines and know-how have been woven together with personal stories and experiences.

Using the physical language and magic of the circus, this production explores our shared humanity, crossing boundaries, migration and the reception of refugees. Movements, specifically conceived for Hipp's unique stage, is the final part of the trilogy that began with Borders' success in Malmö in 2015 and continued with Limits' widely acclaimed tour in 2016.

B-ORDERS

2013-2015 | The Palestinian Circus

Duration 45 minutes

A show written by

Ashtar Muallem

Fadi Zmorrod

External Eye

Juliana Neves

Mathieu Desseigne

Ravel

Dramaturge

Iman Aoun

Sound

Alaa Jayousi

Light

Ramzi Abu Dayyeh

Music composer

Rami Washaha

Light creator

Ralf Nonn

Costumes

Fairouze Nastas

In coproduction with

Espace Catastrophe – Centre

International de Création des

Arts du Cirque

With the support of

Espace Périphérique (Ville de
Paris – Parc de la Villette)

Maison des Cultures et de la
Cohésion Sociale de
Molenbeek MCCS

Royal Flemish Theatre (KVS)

PAC – Présence et Action
(Belgique)



Synopsis

A stunning contemporary circus and dance performance by Ashtar Muallem and Fadi Zmorrod about the absence of freedom and the desire to escape the multitude of codes, orders and borders dominating their society. A poetic search for inner peace and liberation of prejudice. B-Orders is a production on the predestination that is put upon us by history, society, gender, religion, nationality and education. We walk on lines drawn for us without understanding or even questioning. Sometimes we are lead to go against the “norm” but do we ever get rid of our preconceived ideas?

PROJET UN FEMME

2015 | La Sérénade Interrompue

Duration 2 Hours

Artistic Team

Ashtar Muallem

Voleak Ung

Cathrine Lundsgaard Nielsen

Director

Séverine Chavrier

Sound

Jean-Louis Imbert

Light

Lais Foulc

Video

Emeric Adrian

Stage manager

Loïc Guyon

Costumes

Nathalie Saulnier

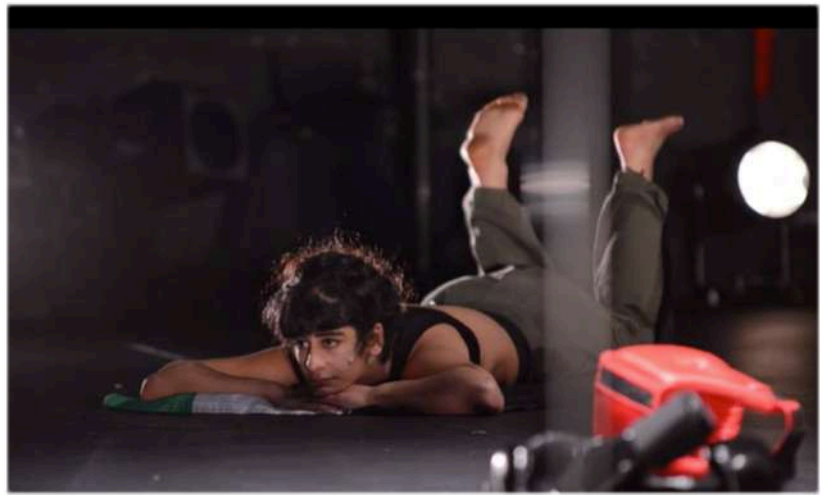
Accessories

Benjamin Hautin

External eye

Lisi Estaras, Louise Sari,
Alexandre Ah-Kye, Samuel
Lefeuve

**Administration, production &
distribution** Les
Indépendances.



Synopsis

De quoi s'agit-il ici ? De danse et de théâtre, de musique et de voix, de féminité et de guerre.

Après avoir créé *Après coups Projet Un-Femme* au Théâtre de la Bastille en 2015, Séverine Chavrier poursuit son exploration de la « carte du violent » en y ajoutant un second volet. Trois femmes artistes, venues de tous les coins du monde (Cambodge, Palestine, Danemark) exposent leur existence dans un spectacle qui emprunte à tous les registres et joue sur les archétypes, les identités auxquelles on est assigné et dont on tente parfois de se défaire.

Les princesses y sont éclopées, hantées par des fantômes, traversent la grande Histoire, mais s'efforcent vaillamment de se forger leur propre chemin, à coups de talons ou à coups de bottes. En se penchant sur ces trajectoires, Séverine Chavrier s'empare d'un féminin en lutte et livre un spectacle âpre, poétique, politique et physique.

BADKE

2012 - 2016 | KVS, Les Ballets C de la B, Qattan Foundation



Synopsis

Badke is part of KVS' Palestine trajectory. For this performance, Koen Augustijnen, Rosalba Torres (les ballets C de la B) and Hildegard De Vuyst (KVS) work with ten Palestinian performers, young autodidacts from various disciplines including contemporary dance, hip hop, circus, etc.

The term 'badke' is a distortion of 'dabke', a Palestinian folk dance. The performance starts out from the popular variant: the people's social, festive dabke. The performers go on to confront this locally rooted dance with elements from worldwide pop (dance) culture. *Badke* becomes a quest for a dabke that not only conveys the unique Palestinian desire to 'belong somewhere', but also the wish to be part of a world beyond that.

To the tones of Naser Al-Fares' rousing music, the young Palestinians dance their hearts out, but the hard truth grates and pulls beneath the surface.

Duration 70 minutes

Dancers

Ashtar Muallem, Fadi Zmorrod, Ayman Safiah, Salma Ataya, Samaa Wakeem, Mohammed Samahnah, Samer Samahnah, Maali Maali, Farah Saleh, Yazan Eweidat, Ata Khatan

Assistant director Zina Zarour

Soundtrack Sam Sarruys

Costume Britt Angé

Lighting design Ralf Nonn

From Koen Augustijnen, Rosalba Torres Guerrero & Hildegard De Vuyst

Tour management Nicole Petit

Production KVS, Les ballets C de la B & A.M Qattan Foundation

Co-production Zürcher Theater Spektakel, Les Théâtres de la Ville de Luxembourg

GARDIEN DU TEMPLE

2012 | Victor Verité

Runtime 30 minutes

Director/Video Véronique Caye

Music Frédéric Minière

Percussion Nathan Minière

Visual Artist Pascale Stih

Performer Ashtar Muallem

Software Development Kévin Heems, Xi Wang (Polytech'Paris Sud)

Scientific Coordination Michèle Gouiffès (UPS and LIMSI/CNRS)

As part of the doctoral research in computer science by Panagiotis-Alexandros Bokaris (Université Paris-Sud and LIMSI-CNRS) under the joint scientific direction of Michèle Gouiffès and Christian Jacquemin (Université Paris-Sud and LIMSI-CNRS)

Jean-Marc Chomaz (physics/LadhyX École Polytechnique)

Excerpts from "Mon corps est mon pays" in "Mémoire du Vent" by Adonis/Translation André Velter and Adonis © Editions Gallimard 1991



Synopsis

Memory fades, but the founding writings remain. Discover the poetry of the Arabic language through an installation/performance, in which presences and inscriptions appear and disappear...

Inspired by the Mausoleum of Sidi Abderrahmane in Algiers, Gardien du temple offers an initiatory visual and sound journey through Arabic-language poetry, using computer-controlled video-projection techniques to create a game of appearances and disappearances. The spectator is invited to immerse himself in the installation, which at certain times features the performance of a circus artist.

THIS IS THE END

2011 | Rictus | Centre National des Arts Du Cirque

Runtime 70 minutes

Artists

Lucas Bergandi Clément Dazin,
Rafael De Paula Guimaraes,
Kasper Holm, Ashtar Muallem,
Viivi Roiha , Thomas Vey,
Sopheak Houn, Sarav Roun
Portés, Rémi Fardel Bascule
coréenne, Jérôme Hugo,
Amaia Valle

Director David Bobee

Author Cristián Soto

Director's assistant Sophie
Colleu

Light creation Stéphane Babi
Aubert

Sound creation Jean-Noël
Françoise

Video creation Julie Pareau

Decor construction Salem Ben
Belkacem and the technical
service of CNAC

Technical director Julien
Mugica

Light technician Audrey
Quesnel

Sound technician Grégory
Adoir

Stage manager Jacques Girier



Synopsis

A 360° turntable, the interior of an apartment, the end of the world.

Who are these young artists? Young people who have come from all over the world to realise their dreams, and whose freedom, culture, language, opinions, illusions and disillusion speak to us about the world today. The subject is them and their freedom, in an age shaped by decades of globalisation and omnipresent communication. Sew circus writing to the author's gesture in this circular space to show fragments of life and a lot of raw, loose beauty. Different circus disciplines sketch the picture of a present in motion

A portrait of today's youth, committed and lost, promising and beautiful.